Mr. Douglas  
Psychology

Unit 3 Project:

Learning Theories Case Study

**Purpose**: To explore how learning theories connect to actual learning experiences, and to reflect on which learning theory best describes your own learning experience

**Due Date**: April 25th

**Points:** 25 (project category)

**Assignment**: A case study is an in-depth analysis of one psychological subject after a long period of observation. In this case, you will be your own subject—the case study will be about you. You will write a 1 ½ to 2 page essay reflecting on how you learn best, and what major challenges you face in learning. Your essay should include BRIEF background research on one of the learning theories we have discussed in class, (Behavioral learning, social learning, or experiential learning) and reflection and analysis on TWO different learning experiences from your own life. These can be learning experiences from any context—not just the classroom.

**Requirements:**

* 1 ½ to 2 pages, double spaced (not including title page or works cited)
* Incorporate at least one of the learning theories discussed in class (behavioral, social, or active learning)
* Include specific examples from at least TWO learning experiences
* Include clear analysis that connects your own learning experiences to the background research you have done
* APA Format
* At least two sources cited, including one source that was originally published in print form (i.e., a book, magazine, or academic journal)